

Know where to go when you need healthcare

You can save money on health care if you know where to go. The emergency department is for life-threatening problems only. For non-emergency health care, you have other options that will cost less.



Call 9-1-1 if you have an emergency or a life is in danger.

Retail health clinic

Often at a pharmacy or store, such as Walgreens, Wal-mart, or CVS

- less expensive
- use when you need care for a minor problem, such as a sore throat

Your doctor

Also called a Primary Care Physician (PCP)

- cost depends on the treatment you get
- use when you need routine care, such as a yearly checkup, or a sickness that's not an emergency

Urgent care center

Often in larger cities or towns

- cost depends on the treatment you get
- use when you need care that's not an emergency, but can't wait for a doctor's appointment, such as sprains or strains, minor cuts, or back pain

Emergency room (ER)

Also called an Emergency Department

- most expensive
- use when you need care for an immediate or life-threatening problem, such as trouble breathing, severe burns, or heavy bleeding

Questions? Contact your doctor or insurance company

Call the number on your insurance card, or call your doctor's after-hours office number



Wisconsin Alliance for
Women's Health
www.supportwomenshealth.org